

| Carers MK Support Groups via Zoom Timetable | | |
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| Olney Support Group | 1st Thursday of the month 2pm – 3.30pm | 2nd July |
| Great Linford Support Group | 2nd Wednesday of the month 2pm – 3.30pm | 10th June |
| Hanslope Support Group | 4th Wednesday of the month 10.30am – 12.30pm | 24th June |
| Bletchley Support Group | 3rd Tuesday of the month 1pm – 2.30pm | 16th June |
| Autism Support Group (for carers of someone over the age of 16+ with Autism) | 1st Tuesday of the month 1pm – 2.30pm | 7th July |
| Mental Health Evening Support Group | 1st Wednesday of the month 3pm – 4.30pm | 1st July |
| Friends and Family Mental Health Group (Personality Disorder) | Last Wednesday of the month 3pm – 4.30pm | 24th June |
| Former Carers | 2nd Thursday of the month 1.30pm – 3pm | 11th June |
| Parkinson's Support Group | 1st Wednesday of the month 2pm – 3.30pm | 1st July |
| MS Support Group | Mondays on the following dates: 2pm – 3.30pm | 15th June |
| Dementia Support Group | 2nd Tuesday of the month 1pm – 2.30pm | 9th June |

Please note: All support are being held via Zoom.

You need to book a place on our groups held via Zoom by calling 01908 231 703 or email mail@carersmiltonkeynes.org